

**Birthdays:**

Residents-  
Joyce Hobbs- 6/18  
Doris Smith- 6/28

**Staff-**

Pokie Mingo- 6/1  
Charlie Sluss 6/28



**Notable Quotable**

“Never lose an opportunity of seeing anything beautiful, for beauty is God’s Handwriting.”

-Ralph Waldo Emerson



# Special Events, Outings, New Activities!

**Events-**

- 6/3 Music with Alex Caton CR
- 6/8 Guitar Music with Billy Brockman CR
- 6/16 Music with Fritz CR
- 6/19 Watermelon Kabobs in honor of Father’s Day
- 6/21 Davis Bradley Music CR
- 6/24 Luau with Legacy Hospice CR
- 6/27 Storytime with Bright Side O
- 6/28 Afternoon Social CR
- 6/30 Teatime AR

**Outings-**

- 6/1- Leisure Ride- 2pm
- 6/8- Leisure Ride- 10am
- 6/10- Lunch at Tim’s on Lake Anna- 11am
- 6/22- Leisure Ride- 10am
- 6/24 Orange County Fair Viewing 10am
- 6/29 Leisure Ride- 10am

**New Activities for June-**

- Under the Sea Activity Room Tree Decorating- Come decorate our tree by painting wooden, under the sea themed animals.
- Summer Flip Flop Décor- Easy craft to display for the upcoming summer season
- Flag Day Bookmark- Coloring activity to celebrate flag day
- Mr. Potato Head- Easy craft project to display during the county fair.
- Under or Over 50 Trivia- Fun questions that will make you use your brain to determine the right answer.
- Game Day- Come play a variety of games such as kerplunk, uno and memory.

## Tips for Keeping Cool in the Summer Heat

Take measures to stay cool, remain hydrated, and keep informed. Getting too hot can make you sick. You can become ill from the heat if your body cannot compensate for it and properly cool you off. The main things affecting your body’s ability to cool itself during extremely hot weather are:

- ☀ **High humidity.** When the humidity is high, sweat will not evaporate as quickly, which keeps your body from releasing heat as fast as it may need to.
- ☀ **Personal factors.** Age, obesity, fever, dehydration, heart disease, mental illness, poor circulation, sunburn, and prescription drug and alcohol use can play a role in whether a person can cool off enough in extremely hot weather.
- ☀ Stay hydrated by drinking plenty of fluids. Avoid drinks with caffeine or alcohol.
- ☀ Avoid extreme temperature changes.
- ☀ Wear loose-fitting, lightweight, light-colored clothing. Avoid dark colors because they absorb the sun’s rays.
- ☀ Slow down, stay indoors and avoid strenuous exercise during the hottest part of the day.
- ☀ Postpone outdoor games and activities.
- ☀ Use a buddy system when working in excessive heat. Take frequent breaks if working outdoors.
- ☀ Remember to wear sunscreen if you are going to be outside for an extended period.

June 2022  
Issue: 128

# Dogwood Dispatch

*Dogwood Village of Orange County*  
*Senior Living*  
120 Dogwood Lane  
Orange, VA 22960  
(540)-672-1830



**Celebrating June**

**Give a Bunch of Balloons Month**

**Men’s Health Month**

**Camping Month**

**Go Barefoot Day**  
*June 1*

**Pet Appreciation Week**  
*June 5–11*

**Iced Tea Day**  
*June 10*

**Family History Day**  
*June 14*

**Father’s Day**  
*June 19*

**Public Service Day**  
*June 23*

**Summersgiving**  
*June 25*

**“Happy Birthday to You” Day**  
*June 27*

## In and Around Senior Living...

**Activities-**

- ☀ We will be entering craft, art, and vegetables/flowers into the county fair that is June 22<sup>nd</sup>-25<sup>th</sup>. If you have anything you would like entered, please give it to Activities by June 20<sup>th</sup>.

**Resident Services-**

- ☀ Friendly reminder that scams are still prominent in the community. Please do not give your personal information to anyone you do not know.

**Dining Services-**

- ☀ Father’s Day Luncheon will be served from 11am to 1pm on June 19<sup>th</sup> Please attend the Dining Meeting June 13<sup>th</sup> to discuss the menu.

**Maintenance-**

- ☀ Senior Living will be having the carpet replaced on all floors. Each floor and hallway will be done at a different day and time. You will be updated on the date and time as it is set.

**Health Services-**

- ☀ If you are going outside, please ask Health Services to help you apply sunscreen to protect your skin!
- ☀ Please welcome Emily Dodson back from college!



## For Dad’s

Activities will be having a display on the table in the main lobby similar to what we had for Mother’s Day. We ask if you have any pictures with your father or father figure to please give it to us by June 9<sup>th</sup>. We will be doing a wood/tool/car theme if you would like anything displayed with your picture. Dogwood Village Senior Living would like to wish all the father’s, grandfathers, great grandfathers, and father figures a wonderful day!



**Residents-**

- Terrell Baskerville
- Dick Butterworth
- Sheffer Clark
- Luther Dofflemoyer
- Tom Piccinin
- Fred Wease

**Staff-**

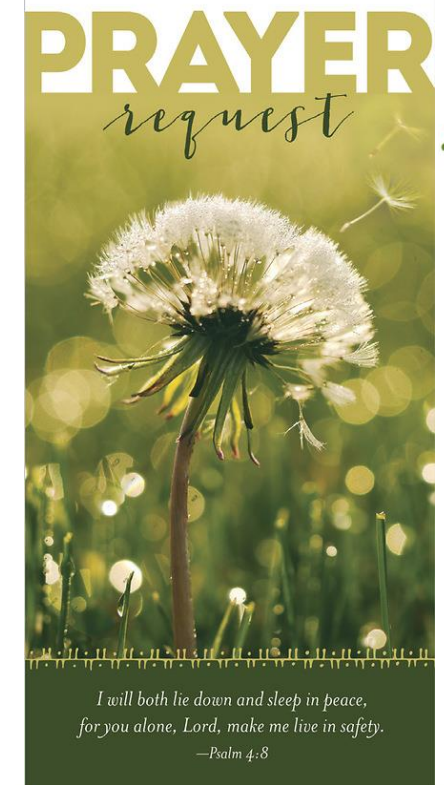
- Rob Black- Information Technology
- Roland Jones- Activities
- Lance Long- Executive Director
- Omar Marion- Information Technology
- John Mollan- Maintenance
- Junior Seale- Maintenance
- Justin Woodward- Maintenance



# We love OUR Volunteers

## Volunteer Spotlight- Blue Birds of Happiness

Dogwood Village wants to recognize our dedicated Blue Birds of Happiness volunteers who have returned to the facility following COVID-19 restrictions over the past 2 years. These volunteers continue to provide entertainment and social support for our residents as they visit in both buildings. They are currently hosting Wednesday Sing-A-Long the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month beginning at 9:45.



## Prayer Request

**1<sup>st</sup> Floor**  
Barbara and Russel Nash- Transition  
Family of Walter Rogers- Grief  
Darrell and Pat Bolton- Transition  
Family of Barbara Duncan- Grief  
**3<sup>rd</sup> Floor**  
Family of Janice Crockett- Grief  
Fred Wease- Health  
Joyce Hobbs- Health

Sibyl Johnson- Health  
Irwin Sherman- Health  
**Staff and Volunteers:**  
Sherrell Carter- Nursing  
Grief of Aunt  
Cindy Scott- Nursing  
Scheduler- Health  
Dennet McFarlane- Activities- Traveling to move Mother from Oklahoma  
Gwen Maupin- Receptionist-Grief of Mother-in-Law



## Resident Spotlight-

Meet our friend Alexander Terrell Baskerville who joined our Senior Living Family on 3/9/2022. To all that know him he prefers to be called "Terrell" Born in Lynchburg, Virginia. Terrell had 2 sisters and 1 brother.

Growing up his brother who is now deceased call him "Hard Rock," when asking Terrell why that nickname?? He replied with a smile "guess I was hardheaded."

Terrell attended Sunnyside McKenny High School and later graduated from Virginia Tech. When being asked what he was extremely proud of in his life this is what he shared:

1. Holding the position as Orange County Administrator for 20 years.
2. He also served as County Administrator in two other counties.
3. His Children (2 daughters) and (1) son who have all grown up to be successful.
4. Being married to his lovely bride Elaine for 63 years and looking forward to many more years together.

Terrell enjoyed playing golf, hunting and baseball, retired from the Army Reserves after 20 years of service, and was highly active in St. Thomas Episcopal Church in Orange.

If you have not met Terrell, make sure that you introduce yourself to him.



## Staff Spotlight-

Katie Weaver was born and raised just a short drive away in Madison County. She attended Radford University and received her undergraduate degree in 2017 and master's degree in May of 2020.

Katie returned to Madison and began working as a speech-language pathologist in Culpeper in the hospital and outpatient settings. Katie enjoys working with both the pediatric and adult populations, sparking specific interests in early language development, AAC, and swallowing disorders.

Her acute care and outpatient experience provided her with a unique opportunity to work with a variety of disorders and diagnoses within the adult population to include aphasia, TBI, Dementia and other neurodegenerative diseases.

She joined Dogwood Village in February of 2022 on a PRN basis, quickly realizing a desire to work more closely with the wonderful residents and staff and develop a larger skill set within this setting. Katie is extremely excited to be joining the team at Dogwood and has many ideas to introduce in order to provide the best care possible to its residents.