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**Birthdavs:** Residents-Doris Washburn 9/6 **Barbara Garr** 9/28

Staff-Alicia Foster 9/1 Alysha Hughes 9/1 **Cathy Chappel** 9/6 Angela Tyler 9/14 **Sherrell Carter** 9/20 Allyssa Williams 9/28

# Notable Quotable

"A nickel ain't worth a dime anymore."

~ Yogi Berra, baseball catcher and coiner of Yogi-isms



# Special Events and Outings

**Events:** 

9/3 September Birthday Party CR 9/6 Labor Day Party **HG** 9/7 Resident Council Meeting AR 9/12-9/18 Happy National Assisted Living Week! Fac. 9/21 Afternoon Social CR 9/27 Garden Party HG 9/28 Tea Party AR

# **Outings:**

9/8 Leisure Ride 9/13 History Tour with Phil Audibert 9/17 Art Center Trip 9/22 Leisure Ride 9/29 Leisure Ride 9/30 Lunch at the Market at Grelan

# Room Key:

**AR-** Activity Room **CR-** Community Room **DR-** Dining Room Fac.- Facility Wide HG- Healing Garden LL- Load from Lobby WR- Wellness Room

# New Activities for September

Oatmeal Pie Party- Homemade pie made by Alicia in Activities

**DIY Twine Napkin Ring Craft- Easy** Activity that you will wrap twine around a toilet paper roll and decorate it will fall artificial flowers

Pizza Hut and Cokes Fundraiser-Would you like a piece of fresh Domino's Pizza and a coke? We will be having a small fundraiser that staff and

residents can purchase a snack and a drink!

Tai Chi Exercise- In honor of Respect the Elderly Week, Charlottesville Tai Chi Center will be coming to teach a class.

Welcome Fall Party- Come celebrate the first day of Autumn!

Fire Safety Make-Up- Annual Fire Safety Review please attend if you can especially if you a newer resident.

# **Proper Hand Washing Techniques!**

As you touch people, surfaces, and objects throughout the day, you accumulate germs on your hands. You can infect yourself with these germs by touching your eves, nose, or mouth, or spread them to others. Washing your hands frequently can help limit the transfer of bacteria and viruses.

# Always wash your hands:

- When preparing to eat or preparing food After using the bathroom
- If After blowing your nose, coughing, or sneezing Also, wash your hands when they are visibly dirty.

It's generally best to wash your hands with soap and water. Here are

## the steps:

- ♦ Wet your hands with clean, running water either warm or cold. Apply soap and lather well.
- \* Rub your hands vigorously for at least 20 seconds. Remember to scrub all surfaces, including the backs of your hands, wrists, between your fingers and under your fingernails.
  - ♦ Rinse well.
  - Ory your hands with a towel

  - \* Turn water off with a new towel

September 2021

Celebrating September

Intergeneration Month

# In and Around Senior Living.....

Hispanic **Heritage Month** 

# **Sewing Month**

**World Beard Dav** September 4

Labor Day (U.S.) September 6

Wonderful

Weirdos Day

September 9

**Patriot Day** 

September 11

**Yom Kippur** 

September 15

(Begins at

sundown)

**International** 

Country

**Music Day** 

September 17

**One-Hit Wonder** 

Day

September 25

**Resident Services-**

Activities-

Please update the facility if your loved ones have changed their address, phone numbers or email so we can make sure we have the correct information in case of an emergency.

Here is a list of some special activities that will be scheduled for National Assisted Living Week- September 12<sup>th</sup> -18<sup>th</sup>. This week is to celebrate the facility. residents, staff, and wonderful community support that Dogwood Village Senior Living receives. This year's theme is Caring, Community and Compassion. Activity Staff will be giving out buttons for you to wear all week!

Issue:119

# Dogwood Dispatch

- Dogwood Village of Orange County Senior Living 120 Dogwood Lane Orange, VA 22960 (540)-672-1830
- If you are parked in the resident Parking lot, please move your car by the morning of September 14<sup>th.</sup> Vehicles can be moved back the afternoon of September 15<sup>th</sup> after the outdoor picnic. If you need assistance, please let a staff member know.

# **Dining Services-**Please make plans to

attend the Dining **Discussion Meeting on** September 20<sup>th</sup>.

# Maintenance-

With the autumn months approaching and as the weather gets cooler; if you need assistance with your thermostat, please ask any staff member.

# Health Services-

Flu shots will be scheduled in October date TBA.



# National Assisted Living Week

September 12<sup>th</sup>- Foxboro Farm Traveling Petting Zoo September 13<sup>th</sup>- Orange History Tour with Phil Audibert September 14<sup>th</sup>- Earthquest Bird Presentation-Outside September 15<sup>th</sup>- Outdoor Picnic September 16<sup>th</sup>- Doshier Donuts with Residents and Staff September 17<sup>th</sup>- Orange County Fire Dept. demo Sept 18<sup>th</sup> - Family and Friends Parade!

All activities and festivities are subject to change based on Covid-19

# Facility Update Involving Covid-19

We have had another positive staff case reported on 8/31. At this time, we will be conducting another round of testing on Thursday, September 2<sup>nd</sup>. If we have no positive cases based on antigen testing and PCR testing, we will be allowed to open for visitors. This date is TBD based on the testing. Testing will continue September 7<sup>th</sup>, 10<sup>th</sup>, and 13<sup>th</sup>. Please understand that a positive result in either the residents or staff members will result in repeating the cycle of testing twice weekly for a MINIMUM of 14 days and halt visitation, communal dining, and group activities. Once a positive result is obtained, the cycle starts all over. To be sure we are operating within guidelines for visitation and number of visitors, we will go back to scheduling visits. You may call the receptionist at 672-1830 and schedule your visitation time. Please give the receptionist your contact information in the event that things change due to covid status. We will continue to screen all visitors and ask that you refrain from visiting if you have come in contact with anyone that is positive for covid in the last 14 days before visit or if you have any symptoms such as flu-like symptoms, diarrhea, etc. If you are sick, please stay home. You will continue to sanitize hands and place your mask on at the front and then complete the screening form. We ask that you go straight to your loved one's room and keep mask in place while visiting. If we have unvaccinated visitors or if you are unable to show proof of your vaccination, we ask that you visit the resident outside and both resident and visitor to keep mask in place during visit.

Please remember that this is the plan for now but any change in a positive result will alter this schedule. We know it has been extremely difficult on our resident's, family members and staff and are doing our best to keep everyone safe!

It is very important that when coming out of your rooms when deemed safe you continue to wear your mask and wash your hands by using soap and water or hand sanitizer when soap and water is not available.

# 1<sup>st</sup> Floor: Nonnie Myers-Transition Family of Dorothy Garnett- Grief **Dorothy Hill- Transition** Family of Frances Reamy- Grief

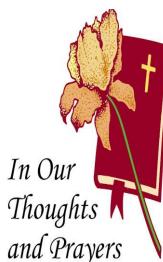
3<sup>rd</sup> Floor Cora Smith- Health Jeanne Davis-Health Barbara Hutchinson-3 Siblings- Health **David Clark- Health** Barbara Garr- Health

Staff and Volunteers: John Mollan- Director of Maintenance- Grief of Grandmother Pat Davis- Volunteer- Health of Daughter Alicia Foster-Activities Assistant- Health of Grandmother Other: Schools starting back Families and facilities all over that have been affected by Covid-19 **Our Country & Military** 

# WELCOME

Please welcome Dorothy "Dot" Hill to Dogwood Village Senior Living. Dot was born and raised in Buckingham County to her parents Edward and Mollie Grigg. She has 2 brothers Edward Nicholas Grigg Jr. and George Grigg and 1 sister Ruth Gordon, who resided in Dogwood Village Senior Living before her passing early last year. Dot graduated from Buckingham High School and married her first husband Alexander Anderson and had her daughter Jane. After a battle of cancer her husband passed away after 15 months of marriage. Soon after, Dot met Johnny Hill and they had daughter, Julie. They were married 32 years until his passing in 1990. During her lifetime Dot cared for her girls as they lived in several states and after Johnny retired from working at different Power Plants around the United States, they settled in Sandston, Virginia. Dot is most proud in life of her 2 daughters, Jane is a retired nurse and Julie works for an insurance company. She has one grandson, Andrew and one granddaughter, Gabriella. Dot's hobbies include crocheting and reading during her downtime. Welcome Dot to Senior Living!







Together We will get

Through

This



# **Resident Spotlight**

# Staff Spotlight

Wendy Weakly grew up alongside her mother and father, Gerlene and Jessie Aylor and her 2 brothers, David and Warren in Culpeper, VA. She graduated from Culpeper High School. Wendy married and had her son, Jarrett. She was a loving mother and caretaker until 2019. When Jarrett was old enough, Wendy started working on her dream, which was to start a career in nursing. She went to Career Nursing Academy in Locust Grove in 2019 and received her C.N.A. license. Wendy continues to develop goals in her career, such as becoming a medication aide and she would like to become a licensed practical nurse. Wendy's son, Jarrett, 18, just graduated from Culpeper County High School and now is attending Radford University in hopes of becoming a Social Studies Teacher. She just purchased a house in Orange, VA and is excited to make it her new home! When not working Wendy is an avid guilter and has made over 100 guilts and has assisted in binding over 100 quilts for other people. Her advice to new employees is to "enjoy every day and always remember you are an important part in the lives of the residents here at Dogwood Village."